



International Member
American Academy of Periodontology



Dr Kuljeet Mehta Specialist in Periodontics and Implant Surgeon
Practice Limited to Periodontics and Dental Implants
www.kmperio.co.uk



CONSENT FOR NON-SURGICAL PERIODONTAL TREATMENT

Please read the following information carefully.

Please take the time you need to ask all your questions before you sign.

PURPOSE OF THE PROCEDURE: My mouth is infected with the bacteria which causes gum disease (periodontitis). These bacteria colonize in the gum pockets surrounding the teeth and have attached to the root surfaces. This accumulation of bacteria is commonly known as calculus. Calculus harbors bacteria and acts as an irritant to help promote further destruction of bone and progression of periodontal pockets. Root planning, or deep cleaning, removes plaque (live bacteria) and calculus from the pocket and allows the gum to heal back to the root surface. Root planning may eliminate the need for gum surgery, though surgical therapy may still be required due to the severity of my bone loss and gum disease.

OUTCOMES FROM THE PROCEDURE: My teeth may look much cleaner and stains will be removed. My gums will appear healthier as there will be a reduction in bleeding, bad taste, bad breath, pockets, pus/swelling, and discomfort. Many times swollen gums will shrink in the absence of this infection process. As a result, roots may become exposed resulting in temporary sensitivity. In rare cases, sensitivity persists. Because of my bone loss, spaces between the teeth may appear once the swelling of the gums reduces. Patients typically become accustomed to this. Exposure of crown (caps) metal margins from restorations may occur and cause an aesthetic concern. Loose or damaged fillings and/or crowns may be loosened, fall out, or require replacement by your dentist. I understand that some patients do not respond successfully to non-surgical therapy despite our best efforts. This treatment may not be successful in saving the teeth, function, or appearance. Because each patient's condition is unique, long-term success may not occur.

BENEFITS OF THE PROCEDURE: The treatment aims to stop the progress of your gum disease; so that the gums will bleed less, the pockets will reduce, and you should keep your teeth for longer. The response to treatment varies between people. The improvements will depend not only on the treatment itself but also on how well you control the build up of plaque with your own daily cleaning and how severe your disease was to start with.

- If your gums bleed, are red or are swollen this will reduce.
- If your gums are sore, treatment should help.
- If your teeth feel loose they may feel firmer after treatment.
- Your breath may become fresher.

RISKS / SIDE EFFECTS / COMPLICATIONS RELATED TO THE PROCEDURE: I understand that complications may result from the non-surgical periodontal therapy, drugs, or anesthetics. These complications include, but are not limited to post-surgical infection, bleeding, swelling and pain, facial discoloration, transient but rarely permanent increased tooth looseness, tooth sensitivity to hot, cold, sweet or acidic foods, shrinkage of the gum upon healing resulting in elongation of some teeth and greater spaces between some teeth, tooth mobility, infection, bleeding, cracking or bruising of the corners of the mouth, restricted ability to open the mouth for several days, impact on speech, allergic reactions, and accidental swallowing of foreign matter. The exact duration of any complications cannot be determined, may require further treatment, and may be irreversible.

ALTERNATIVES TO THE PROCEDURE: I understand that alternatives to non-surgical periodontal therapy with or without medications include:

1) No treatment. (With the expectation of possible advancement of my condition which may result in premature loss of teeth).

The result of not having treatment will depend on how severe your disease is.

- With no treatment the gum disease could get worse
- Your teeth could become painful
- You may lose your teeth sooner

Dr. kuljeet Mehta, BDS, FDS RCS (Eng), MClInDent, MRD (Perio) RCS (Ed) Registered Specialists in Periodontics.
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Procedures include: Treatment of Periodontal Disease - Gum Disease, Dental Implants, Cosmetic Periodontics including Gum Grafting, Crown Lengthening, Ridge Preservation, Bone Regeneration & Bone Grafting.

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2) Extractions. (With the understanding that extractions reduce function and aesthetics and may contribute to further bone loss and soft tissue loss in the extraction site or adjacent teeth).

Removal (extraction) of teeth may be an acceptable alternative treatment if your disease is severe.

- This may mean you need a replacement such as a denture or implant or bridge.
- Some people find it easier and more enjoyable to eat with natural teeth than a denture
- Extractions would reduce the time spent treating your gums.
- An extraction would remove a painful tooth quickly.
- If your front teeth have a poor appearance a denture may look better

CONSENT TO UNFORESEEN CONDITIONS: I hereby acknowledge that no guarantee, warranty or assurance has been given to me that the proposed treatment will be successful. In most cases, the treatment should provide benefit in reducing the cause of my condition and should produce healing which will help me keep my teeth. Due to individual patient differences, Dr. Kuljeet Mehta cannot predict certainty of success. There exists the risk of failure, relapse, selective retreatment, or worsening of my present condition, including the possible loss of certain teeth with advanced involvement, despite the best of care. The patient must be dedicated to long-term periodontal maintenance to allow the best success possible with periodontal surgery.

COMPLIANCE WITH SELF-CARE INSTRUCTIONS: I understand that excessive smoking and/or alcohol intake may affect gum healing and may limit the successful outcome of my procedure. I agree to follow instructions related to the daily care of my mouth and to the use of prescribed medications. I agree to report for appointments as needed following my procedure so that healing may be monitored and the doctor can evaluate and report on the success of the treatment provided.

FOLLOW-UP CARE: The second part of non-surgical therapy is always oral hygiene instruction followed by a thorough evaluation of the results from non-surgical care. Dr. Kuljeet Mehta will evaluate my pockets and gum condition. If inflammation or deep pockets persist, further treatment will be recommended. This could include further non-surgical care, periodontal surgery, antibiotics, or other adjunctive procedures. Periodontal maintenance (cleanings) visits are vital to the success of any periodontal treatment plan-typically every three months. Failure to do so could result in failure or recurrence of your disease process and possible tooth loss. Failed or failing fillings and/or crowns must be treated by my dentist. If tooth infection or breakdown is not treated, it could lead to pain, further infection, and/or bone and tooth loss.

SUPPLEMENTAL RECORDS AND THEIR USE: I consent to photography, video recording and x-rays of my oral structures as related to these procedures, and for their educational use in lectures or publications, provided my identity is not revealed.

PATIENT'S ENDORSEMENT: My endorsement (signature) to this form indicates that I have read and fully understand the terms used within this document and the explanations referred to or implied. After thorough consideration, I give my consent for the performance of any and all procedures related to non-surgical periodontal treatment as presented to me during the consultation and treatment plan presentation by the Dr. Kuljeet Mehta and as described in this document.

_____	_____	
Patient's Signature	Date	Patient's Name (please print)
_____	_____	_____
Signature of Patient's Guardian	Date	Relationship to Patient
_____	_____	
Signature of Witness	Date	

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